

CORE CONCEPTS

balance. simple but significant.

NEW MEMBERSHIPS & PRICING

OPTION	REFORMER COLLECTIVE Reformer · Mat · Yoga	MAT COLLECTIVE Mat · Yoga	YOGA COLLECTIVE Yoga
DROP-IN			
Single class	R375	R250	R200
PACKAGES			
5 classes valid 2 months	R330 / class R1,650 total	R230 / class R1,150 total	R170 / class R850 total
10 classes valid 3 months	R295 / class R2,950 total	R220 / class R2,200 total	R150 / class R1,500 total
SUBSCRIPTIONS (BILLED MONTHLY)			
5 classes / month 6-month subscription	R280 / class R1,400 / month	R190 / class R950 / month	—
5 classes / month 12-month subscription	R260 / class R1,300 / month	R185 / class R925 / month	—
10 classes / month 6-month subscription	R260 / class R2,600 / month	R185 / class R1,850 / month	—
10 classes / month 12-month subscription	R240 / class R2,400 / month	R180 / class R1,800 / month	—
YOUNG ADULTS (UNDER 25)			
Single class	R330	R195	R160
5 classes valid 2 months	R300 / class R1,500 total	R180 / class R900 total	R140 / class R700 total
10 classes valid 3 months	R270 / class R2,700 total	R165 / class R1,650 total	R120 / class R1,200 total

MAT · REFORMER · YOGA THE BOSK OPENING PROMOTION			
NEW & OLD MEMBERS until 31 December 2026	Single class R250 valid 1 session	5 classes R200 / class R1,000 total · valid 2 months	10 classes R175 / class R1,750 total · valid 3 months

CLINICAL, ONE-ON-ONE & ONLINE

ONE-ON-ONE

Private Sessions

R850 / session

4 sessions R3,000 (2 months)
8 sessions R6,000 (3 months)

TRAIN TOGETHER

Duet Session

R650 pp

R1,300 per session
max two people · 1 hour

SIGNATURE PROGRAMME

Rehabilitation Programme

R4,000

6–8 week programme
4 private + 3 mat classes + 30-day library

ONLINE

Core Concepts Library

R450 / 30 days

Movement sequences & guided sessions —
unlimited, upfront, no contract.

Per-class rate is shown large; the total is below it. Subscription per-class assumes full monthly use. 10 classes / month · 12-month is our best value.

Existing Core Concepts members — select your price option using your Oktiv App

New Core Concepts members — visit the Core Concepts website at the link below and subscribe

VISIT THE WEBSITE

OCTIV APP

Available at Stellenbosch Central · Stellenbosch Square · Durbanville · The Bosk, Stellenbosch
All prices include VAT

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